

Bannimantap, Mysuru College of Excellence, Reaccredited by NAAC with 'B++' Grade

# DEPARTMENT OF ZOOLOGY

National Webinar on

# IMPLICATIONS OF BIOLOGICAL RHYTHMS ON NEUROSCIENCE OF LEARNING

RESOURCE PERSON



Dr. Moses Satralkar
Associate Professor, Education,
CHRIST (Deemed to be University), Bengaluru
Executive Director, Global Resilience Consortium
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Webinar is open to faculty members, researchers and students.

Link for Registration: https://forms.gle/WeN7Z3mP1Qa3NZJy6

Platform:

Google Meet

<u>Date:</u> 25/08/2020

Time:

11:00 A.M - 01: 00 P.M

#### About the webinar

Biological rhythm is an innate mechanism that controls the physiological activities of an organism. The origin and evolution of biological rhythms in living beings is vital to their survival. The study of biological rhythms has far reaching implications on every aspect of our existence.

#### The webinar focuses on-

- -Influence of biorhythms on learning.
- Impact of modern lifestyle, excessive use of gadgets and changing work schedules on sleep-wake pattern, mental alertness and over-all health.
- -Understanding the scope of Chronobiology in treatment of disorders like hormonal imbalances, depression, anxiety, cardio-vascular disorders and certain types of cancers.

#### No Registration Fees.

E- certificates will be provided to the participants after submission of feedback forms.

### Webinar committee:

Rev. Dr. Bernard Prakash Barnis

Rector/Manager, St Philomena's College.

#### Dr. Ruth Shantha Kumari

Principal, St Philomena's College.

#### Convener:

Mrs. Cecilia. N. A. D' Souza,

HOD, Dept of Zoology, St Philomena's College.

## Organizing members:

Mrs. Mary. Sofia. I

Asst Professor, Dept of Zoology (8904414947)

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